

EST. 1946

# FROSTS

## Vegan High Tea Menu

### Savoury

Vegan Cheese, Tomato Relish & Baby Gem Lettuce Sandwich  
Roasted Peppers & Courgettes with Avocado Hummus Sandwich  
Roasted Butternut Squash, Spinach & Hummus Sandwich  
BBQ Jackfruit & Apple Slaw Wrap



### Sweet

Fruit, Nut & Chocolate Flapjack  
Chocolate Caramel Brownie  
Sticky Toffee Biscoff Cake  
Apple Crumble Slice

Sultana Scone with Mixed Fruit Preserve & Coconut Cream