
SALADS

Mix your fresh Salad & Dressing for £7.25

Frosts Garden Salad (VV) (G/F)

French Bean & New Potato Salad with
Garden Herbs (VV) (G/F)

Moroccan Couscous Salad (V) (G/F)

DRESSINGS

Balsamic Glaze (VV) (G/F)

Ratatouille Ketchup (VV) (G/F)

English Mustard and Honey Mayonnaise (V) (G/F)

Citrus & Dill French Dressing (VV) (G/F)

Vegan Caesar Dressing (VV) (G/F)

Add a topping for an extra £2.25

Chicken, Lemon Thyme & Asparagus Terrine (G/F)

Grilled, Sun Dried Tomato Marinated Avocado (VV) (G/F)

Oxford Blue & Pumpkin Seed Soufflé (V)

Smoked & Peppered Mackerel (G/F)

(VV) VEGAN (V) VEGETARIAN (G/F) GLUTEN FREE (N) CONTAINS NUTS

EST. 1946

FROSTS

BETTER LIVING
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