

MARKET KITCHEN

— deli & café —

Lunch Menu

AVAILABLE FROM 12.00PM TO 3.00PM

Starters

SOUP OF THE DAY (VG) SERVED WITH FRESH BREAD	£6.50
SMOKED TROUT WITH SWEET PICKLED APPLE* ALMOND & HORSERADISH CREAM & ROCKET	£7.00
CHORIZO & SUN BLUSHED TOMATO ARANCINI* WHIPPED GOAT'S CHEESE, COOL GREEN SALSA	£7.00

..... *ALSO AVAILABLE AS A MAIN COURSE FOR £13.00

Mains

CONFIT DUCK LEG SPICED SWEET POTATO PUREE, CURRIED CAULIFLOWER, CHIVE OIL & VEAL JUS	£13.50
ALMOND & MUSHROOM GRATIN (V) WITH TOASTED CASHEWS, TENDERSTEM BROCCOLI, ROCKET & TRUFFLE OIL	£13.00
PAN FRIED SEA BREAM FILLET CREAMED BABY LEEKS & SAVOY CABBAGE, CRISPY SMOKED BACON & CAPER BERRIES	£14.50

Sides

OLIVES	£4.00
HUMMUS	£4.00
BREAD WITH OLIVE OIL/BALSAMIC OR BUTTER	£4.00

Sharing Boards & Classics

FROSTS CROQUE MONSIEUR TOASTED FRENCH CHEESE & HAM, TOPPED WITH CHEESY BÉCHAMEL SAUCE FOR A CROQUE MADAME ADD A FRIED EGG £1.50	£11.00
CHEESE BOARD SERVES TWO SELECTION OF 3 CHEESES	£17.00
CHARCUTERIE BOARD SERVES TWO PROSCIUTTO, COPPA, CHORIZO & DANISH SALAMI	£17.00
SEA-CUTERIE SERVES TWO DILLED COATED CURED SALMON, PRAWN & SALMON MOUSSE, SMOKED TROUT FILLET & SMOKED SALMON	£17.00

Desserts

PISTACHIO SPONGE ORANGE MASCARPONE, BURNT WHITE CHOCOLATE SOIL & FRESH RASPBERRY	£6.50
BLACKBERRY & ALMOND BAKEWELL TART VANIILA ICE CREAM, HONEY ROASTED PLUMS & BLACKBERRY JAM	£6.50
VANILLA POACHED PEAR (VG) CHOCOLATE & HAZELNUT SAUCE, VANILLA ICE CREAM & BISCUIT CRUMB	£6.50

DIETARY & ALLERGEN REQUIREMENTS

- PLEASE INFORM YOUR SERVER ANY OF THE 14 RECOGNISED ALLERGIES
- PLEASE ASK YOUR SERVER FOR OUR VEGAN OPTIONS

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Wine

WHITE

	175ML	250ML	BOTTLE
PULPO SAUVIGNON BLANC , NEW ZEALAND 12.5% ABV	£4.30	£5.30	£15.00
PINOT GRIGIO , ITALY 12% ABV	£3.30	£4.30	£14.00
BOURGOGNE JOSEPH DROUIN CHARDONNAY , FRANCE 13% ABV	£7.30	£8.30	£25.00
ALBARINO DO RIAS BAIXAS, MAR DE FRADES , SPAIN 12.5% ABV	£7.30	£8.30	£25.00

RED

	175ML	250ML	BOTTLE
LUNA DEL SUR MALBEC , ARGENTINA 13.5% ABV	£4.30	£5.30	£15.00
BOURGOGNE JOSEPH DROUIN PINOT NOIR , FRANCE 13.5% ABV	£7.30	£8.30	£25.00
CHATEAU HAUT ROUDIER BORDEAUX , FRANCE 14% ABV	£5.30	£6.30	£16.00

ROSÉ

	175ML	250ML	BOTTLE
PARINI PINOT GRIGIO ROSATO DELLE VENEZIE , ITALY 12% ABV	£4.30	£5.30	£15.00
COMTE DE PROVENCE COTES DE PROVENCE , FRANCE 13% ABV	£5.30	£6.30	£19.00

SPARKLING

	125ML	BOTTLE
GALANTI PROSECCO , ITALY 10.5% ABV	£4.30	£16.50

Spirits

FOXIDENTON LONDON DRY GIN , ENGLAND 48% ABV	25ML	£2.50
VESTAL BLENDED POTATO VODKA , POLAND 40% ABV	25ML	£2.50
LAKES 'THE ONE' SIGNATURE WHISKEY , ENGLAND 46% ABV	25ML	£2.80
LYME BAY LUGGER SPICED RUM , ENGLAND 40% ABV	25ML	£2.80
MERLET BROTHERS COGNAC , FRANCE 40% ABV	25ML	£2.90
CHAUFFE COEUR CALVADOS , FRANCE 43% ABV	25ML	£2.90
QUINTA DO CRASTO LBV PORT , PORTUGAL 20% ABV	50ML	£2.80

Soft Drinks

COKE, DIET COKE OR COKE ZERO 330ML	£3.30
VICTORIAN LEMONADE 275ML	£3.30
ROSE LEMONADE 275ML	£3.30
APPLE JUICE 250ML	£3.00
ORANGE JUICE 250ML	£3.00
GINGER BEER 275ML	£3.30
TONIC WATER 200ML	£2.80
SLIMLINE TONIC 200ML	£2.80
STILL OR SPARKLING WATER 330ML	£2.10
STILL OR SPARKLING WATER 750ML	£4.20

Beers

PERONI 5.1% ABV	£4.30
TRIPLE GOAT PALE ALE, HORNES BREWERY 8% ABV	£4.30
TRIPLE GOAT IPA, HORNES BREWERY 5% ABV	£4.30