

# FROSTS

## CHRISTMAS LUNCH

**ROAST BREAST OF LOCAL TURKEY,  
HONEY ROAST GAMMON  
LEMON, ORANGE AND CRANBERRY  
STUFFING & PORT WINE GRAVY**

**VEGAN NUT ROAST & WILD MUSHROOM  
GRAVY**

All served with seasonal Vegetables

**FROSTS CHRISTMAS PUDDING,  
BRANDY SAUCE** (VEGAN OPTION AVAILABLE)

**INDIVIDUAL BLACK FOREST GATEAU**

Served with homemade Salted Caramel Ice  
Cream and Chocolate Sauce

**1 course £12.95 or  
2 courses £14.95**

## CHRISTMAS TOASTIES

**ROAST TURKEY & HONEY ROAST HAM £8.50**  
Stuffing and Cranberry Mayonnaise on Ciabatta

**SOMERSET BRIE, MATURE ENGLISH  
CHEDDAR & MOZZARELLA, CRANBERRY  
MAYONNAISE ON CIABATTA £8.50**

## HOT LUNCH

**SLOW ROASTED PORT & BEEF STEW  
£12.95**

Thyme Infused Dumplings and Rustic Bread

**PANKO COATED SEA BASS £12.95**

Braised Fennel, Red Onion, Potatoes And  
Lobster and Prawn Bisque

## SOUP

**TOMATO & PESTO £6.50**

## SANDWICHES

**FROSTS FISH FINGER SANDWICH  
£8.50**

Crispy Panko coated Cod Fillet served on  
Freshly Baked White Bloomer, Homemade  
Tartare Sauce, Watercress Salad  
(served warm)

**VEGAN FLATBREAD £8.50**

Vegan Flatbread with Harissa Houmous,  
Vegan Cheese, Sweet Potato Falafel,  
Pomegranate, Crispy Red Onion & Rocket  
Salad

**CHICKEN NIÇOISE £8.50**

Freshly Baked White Bloomer topped with  
Free Range Egg Mayonnaise, Roasted  
Chicken Breast, Hard Boiled Egg, Tomato  
& Black Olive Salad

**HOME COOKED SALT BEEF £8.50**

With Pickled Cucumber & Whole Grain  
Mustard on Rye Bread

## SALAD

**FROSTS SALAD £9.95**

Roasted Root Vegetables, Sweet Potato,  
Kale & Pomegranate, Red Onion & Ginger  
dressing dressed leaves. **Topped with your  
choice of one of the following:** Cajun Spiced  
Chicken Fillet, Crispy Brie Wedges, Prawn  
Marie Rose or Beetroot Falafel

## JACKET POTATOES

Served with a side salad

**VEGETABLE CURRY**

Jacket Potato topped with Vegetable Curry  
with Mango Chutney and Mint Yoghurt

**£8.95**

**PRAWN MARIE ROSE**

Jacket Potato topped filled with Prawn Marie  
Rose, Topped with Prawn Crackers, Cucumber  
& Spring Onion Dressing

**£8.95**

EST. 1946

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## HOT DRINKS

AMERICANO	from £2.55
LATTE	from £2.75
CAPPUCCINO	from £2.75
FLAT WHITE	£2.75
MOCHA	from £2.85
FILTER COFFEE	from £2.35
TEA (inc decaf)	£2.05
PREMIUM LOOSE LEAF TEA (Variety of flavours available)	£2.60
HOT CHOCOLATES	from £3.65
CHILDREN'S HOT CHOCOLATE (with cream & marshmallows)	from £2.45
COFFEE SYRUPS (variety of flavours and sugar free options)	50p

*Ask us about our special winter drinks!*

## COLD DRINKS

COKE, DIET COKE OR COKE ZERO	£2.50
SPARKLING OR STILL WATER	£1.75
BRECKLAND POSH POP (Variety of flavours available)	£2.70
SAN PELLEGRINO (Variety of flavours available)	£2.50
CHILDREN'S CARTONS (Variety of flavours available)	£1.25
GLASS OF MILK	£1
FRESH ORANGE OR APPLE JUICE 250ml	£2.50
BOTTLED PINEAPPLE OR PINK LEMONADE 250ml	£2.70

## WINES & BEERS

RED, WHITE OR ROSÉ 187ml ABV from 10.5%	£4.25
PROSECCO 200ml ABV 11%	£5.50
PROSECCO 750ml ABV 12%	£20
CHAMPAGNE 750ml ABV 12.5%	£33
BULMERS CIDER 500ml 4.5%	£3.95
SKINNY LAGER 330ml 4.0%	£3.95
INNOVATION IPA 330ml 6.7%	£3.95
SAN MIGUEL 330ml 5.0%	£3.95

## DESSERTS

Available all day

SPONGE CAKE SLICES (Variety available)	£3.75
SCONES (Variety available)	£2.25
TRAYBAKES (Variety available)	from £2.40
JAM Strawberry, Raspberry & Blackcurrant	85P
CLOTTED CREAM	£1

*Please see our full selection on display  
or ask us for our daily selection.*

*Gluten Free & Vegan options also  
available.*

## How to order...

1. Visit [frostsgardencentres.co.uk/order](https://frostsgardencentres.co.uk/order) or scan the QR code:
2. Place your order, referencing your table number and pay online
3. Sit back, relax and wait for your food to arrive!

