

EST. 1946

# FROSTS

BETTER LIVING  
LIVING BETTER

## Vegan Afternoon Tea Menu

### SANDWICHES

Hummus & Roasted Pepper  
Vegan Cheese, Red Onion Chutney & Rocket  
Cucumber, Minted Vegan Mayonnaise & Micro Watercress

### CANAPÉS

Beetroot Falafel  
Mock Hoisin Duck & Spring Onion Pinwheel

### SWEET

Cranberry, Apricot And Pumpkin Seed Flapjack  
Salted Caramel Brownie  
Coconut & Raspberry Loaf  
Spiced Carrot Cake  
Fruit Scone, Coconut Cream & Strawberry Jam

You can choose from a variety of tea and coffee, or why not add a touch of fizz for an extra treat, a bottle of champagne (£33) or a bottle of prosecco (£20)

## £18.95 PER PERSON

Served from 2.30pm. Pre-booking is essential as spaces are limited, full payment is required at the time of booking. Book online at [frostsgardencentres.co.uk](http://frostsgardencentres.co.uk) or by calling us on 01908 583511.