

SALADS

*Mix your fresh Salad &
Dressing for £6.95*

The Frosts Garden Salad (VV) (G/F)
Autumn Squash & Seed Salad (VV) (G/F)
Oriental Wild Rice Salad (VV) (G/F)
Frosts Autumn Coleslaw (V) (G/F)

DRESSINGS

Cider Apple Vinaigrette (VV) (G/F)
Sun Blushed Tomato Balsamic Glaze (VV) (G/F)
Maple & Ginger Vinaigrette (VV) (G/F)
Citrus & Dill French Dressing (VV) (G/F)
Apricot & Blue Cheese Dressing (V) (G/F)

Add a topping for an extra £2

Rosemary Marinated Brie (V) (G/F)
Maple Glazed Rosemary Chicken, Caramelised Figs (G/F)
Scottish Smoked Salmon & Crayfish Terrine (G/F)
Hoisin Mock Duck (VV)
Quiche of the Day (V)