

EST. 1946

# FROSTS

BETTER LIVING  
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## Autumn Afternoon Tea Menu

### SANDWICHES

Rare Bedfordshire Beef & Horseradish Crème Fraîche  
Roasted Butternut Squash, Crispy Rocket & Sage Butter  
Smoked Mackerel & Beetroot Relish

### CANAPÉS

Whipped Goat Cheese Filled Profiterole, Honey & Balsamic Glaze  
Coronation Chicken & Spinach Pin Wheel

### SWEET

Sticky Toffee & Pecan Sponge  
Spiced Pear Panacotta  
Fig, Apple & Almond Tart  
Triple Chocolate & Peppermint Brownie

Sultana Scones with Mixed Fruit Preserve & Clotted Cream

You can choose from a variety of tea and coffee, or why not add a touch of fizz for an extra treat, a bottle of champagne (£33) or a bottle of prosecco (£20)

## £18.95 PER PERSON

Served from 2.30pm. Pre-booking is essential as spaces are limited, full payment is required at the time of booking. Book online at [frostsgardencentres.co.uk](http://frostsgardencentres.co.uk) or by calling us on 01908 583511.